



# HORARIO HEALTH DANCE 26/27



| LUNES            |         | MARTES           |            | MIÉRCOLES        |         | JUEVES           |            | VIERNES          |                    |
|------------------|---------|------------------|------------|------------------|---------|------------------|------------|------------------|--------------------|
| HORARIOS         | SALA 1  | HORARIOS         | SALA 1     | HORARIOS         | SALA 1  | HORARIOS         | SALA 1     | HORARIOS         | SALA 1             |
|                  |         |                  |            |                  |         |                  |            |                  |                    |
| DE 17:10 A 18:00 | PILATES | DE 17:10 A 18:00 | PILATES    | DE 17:10 A 18:00 | PILATES | DE 17:10 A 18:00 | PILATES    |                  |                    |
| DE 18:10 A 19:00 | TRX     | DE 18:10 A 19:00 | PILATES    | DE 18:10 A 19:00 | TRX     | DE 18:10 A 19:00 | PILATES    |                  |                    |
| DE 19:10 A 20:00 | TRX     | DE 19:10 A 20:00 | TRX        | DE 19:10 A 20:00 | TRX     | DE 19:10 A 20:00 | TRX        |                  |                    |
|                  |         | DE 20:10 A 21:00 | TRX        |                  |         | DE 20:10 A 21:00 | TRX        |                  |                    |
| HORARIOS         | SALA 2  | HORARIOS         | SALA 2     | HORARIOS         | SALA 2  | HORARIOS         | SALA 2     | HORARIOS         | SALA 2             |
| DE 18:10 A 19:00 | PILATES | DE 18:10 A 19:00 | POWER JUMP | DE 18:10 A 19:00 | PILATES | DE 18:10 A 19:00 | POWER JUMP |                  |                    |
| DE 19:10 A 20:00 | PILATES | DE 19:10 A 20:00 | TOTAL BODY | DE 19:10 A 20:00 | PILATES | DE 19:10 A 20:00 | TOTAL BODY |                  |                    |
| DE 20:10 A 21:00 | PILATES |                  |            | DE 20:10 A 21:00 | PILATES |                  |            |                  |                    |
| HORARIOS         | SALA 3  | HORARIOS         | SALA 3     | HORARIOS         | SALA 3  | HORARIOS         | SALA 3     | HORARIOS         | SALA 3             |
| DE 18:10 A 19:00 | PILATES | DE 18:10 A 19:00 | FITDANCE   | DE 18:10 A 19:00 | PILATES | DE 18:10 A 19:00 | FITDANCE   | DE 19:00 A 20:30 | FLAMENCO (ADULTOS) |
| DE 19:15 A 20:30 | YOGA    | DE 19:10 A 20:00 | FITDANCE   | DE 19:15 A 20:30 | YOGA    | DE 19:10 A 20:00 | FITDANCE   |                  |                    |
|                  |         | DE 20:10 A 21:00 | GAP        |                  |         | DE 20:10 A 21:00 | GAP        |                  |                    |
| HORARIOS         | PISCINA | HORARIOS         | PISCINA    | HORARIOS         | PISCINA | HORARIOS         | PISCINA    |                  |                    |
| DE 19:10 A 20:00 | AQUAGYM | DE 19:10 A 20:00 | AQUAGYM    | DE 19:10 A 20:00 | AQUAGYM | DE 19:10 A 20:00 | AQUAGYM    |                  |                    |